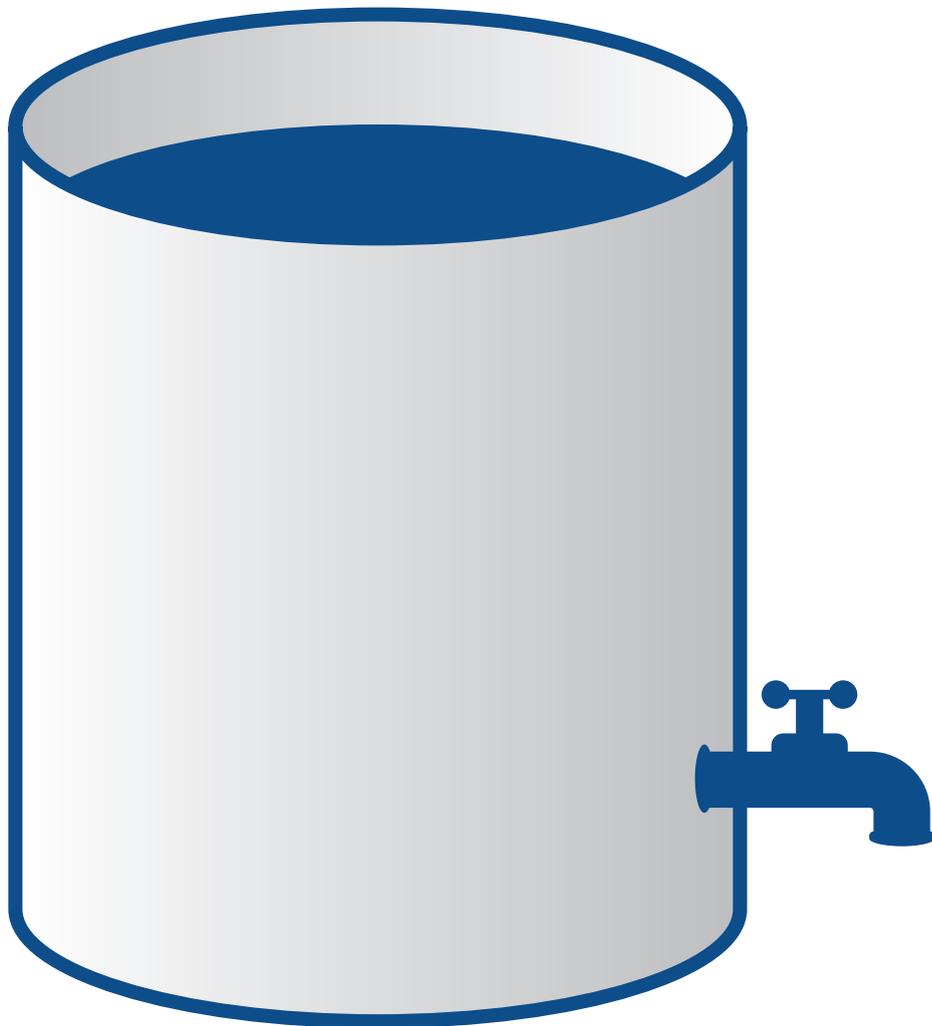


THE STRESS CONTAINER

Look at how you can 'open the tap' (this represents coping mechanisms) to release some of the pressures, rather than let the container overflow.



(space to
breathe)